

Bridgman Aquatic Center

Community Weight Room Rules & Fees

Schedule Effective until

06/03/20:

Monday through Friday:

5:15 to 6:45 am

Monday through Thursday:

5:00 to 9:00 pm

Saturday:

11:30 am to 2:00 pm

Sunday :

11:30 am to 2:00 pm

7:00 to 9:00 pm

The Weight Room is **CLOSED**

due to Boys Varsity Basketball
games:

2019: 12/10, 12/20, 12/27

2020: 1/3, 1/24, 2/7, 2/15, 2/18,

2/21, 3/5



Phone: 269-466-0236
BridgmanPool.com

- Must be age 14 or have an adult (18 or older) with at each machine.
- Sign a yearly waiver and give emergency info.
- Agree to re-rack all weight when through.
- Use consideration– share machines.
- Agree to use sanitary wipes after using each machine.
- May not lift weights alone– use proper spotting techniques.
- No profanity. No Horseplay.
- Water only, no food or other beverages.
- Must wear closed toe shoes.

Fee Schedule:

Purchase a Punch Card for \$20/30 Days or pay \$1 per day, BHS

Students & Senior Residents of Bridgman-FREE

Inclement Weather Policy

The weight room will close when Bridgman Public Schools are closed due to inclement weather. Please check our website, WNDU, WSBT, ABC57 or WSJM for closing information.