

# Bridgman Aquatics Drop-In Diving



## Overview:

All Bridgman diving classes this December are pay as you go. Open to all ages and all levels. No prior experience required!

Divers will learn basic and advanced techniques, improve existing skills and build confidence on the diving board.

## Diving Dates:

\$5 per class

**Tuesdays**  
7:15-8:15pm

**Wednesdays**  
7:00-8:00pm

December 4<sup>th</sup>  
December 11<sup>th</sup>  
December 18<sup>th</sup>

December 5<sup>th</sup>  
December 12<sup>th</sup>  
December 19<sup>th</sup>



## Hurdle Clinic at Power in Motion

**Saturday, December 8<sup>th</sup>**  
**12:30-1:30 pm**

We will be going to Open Gyms at PIM to work on hurdles on the trampoline and tumble track and to practice skills into the pit.

Cost is \$8/person.  
Sign up online at:

<http://pimgymnastics.com/open-gym.html>

## Questions?

Contact Coach Elaina at (269) 921-4613 or  
[10ejpaul@gmail.com](mailto:10ejpaul@gmail.com)