

Community Weight Room Rules & Fees

Schedule Effective until

11/21/18:

Monday through Friday:

5:30 to 6:45am

Monday through Thursday:

5:00 to 9:00 pm

Saturday:

11:30 am to 2:00 pm

Sunday :

11:30 am to 2:00 pm

7:00 to 9:00 pm

- Must be age 14 or have an adult (18 or older) with at each machine.
- Sign a yearly waiver and give emergency info.
- Agree to re-rack all weight when through.
- Use consideration– share machines.
- Agree to use sanitary wipes after using each machine.
- May not lift weights alone– use proper spotting techniques.
- No profanity. No Horseplay.
- Water only, no food or other beverages.
- Must wear closed toe shoes.

Fee Schedule:

Purchase a Punch Card for \$20/30 Days or pay \$1 per day, BHS

Students & Senior Residents of Bridgman-FREE



Phone: 269-466-0236
BridgmanSchools.com

Inclement Weather Policy

The weight room will close when Bridgman Public Schools are closed due to inclement weather. Please check our website, WNDU, WSJM, or WSBT for closing information.