

Community Weight Room Rules & Fees

Schedule Effective until

7/29/18:

Monday through Friday:

5:45 to 7:30am

Monday through Thursday:

5:00 to 9:00 pm

Saturday:

11:30 am to 2:00 pm

Sunday :

11:30 am to 2:00 pm

7:00 to 9:00 pm

- Must be age 14 or have an adult (18 or older) with at each machine.
- Sign a yearly waiver and give emergency info.
- Agree to re-rack all weight when through.
- Use consideration– share machines.
- Agree to use sanitary wipes after using each machine.
- May not lift weights alone– use proper spotting techniques.
- No profanity. No Horseplay.
- Water only, no food or other beverages.
- Must wear closed toe shoes.

Fee Schedule:

Purchase a Punch Card for \$20/30 Days or pay \$1 per day, BHS

Students & Senior Residents of Bridgman-FREE



Inclement Weather Policy

The weight room will close when Bridgman Public Schools are closed due to inclement weather. Please check our website, WNDU, WSJM, or WSBT for closing information.